

Higher and Higher Bi-Monthly Drop-In Releasing

With **Melanie Smithson, MA, LPC, ADTR, CHt**

Know What a Great Tool Releasing Is and Yet Forget to Use It?

This drop-in group is designed to support (or jump-start) your Sedona Method® releasing practice.

Enjoy releasing with like-minded others and get support in any area needed. Topics covered may include goals, relationship, health, prosperity and more.

Open to all levels.



“Melanie is an inspired and inspiring facilitator. If you’re ready to get unstuck in any area, I’d highly recommend her as the guide for the journey.” **Jan Phillips**, author of Divining the Body, The Art of Original Thinking and Marry Your Muse

Wednesday evenings 6:30-8pm, Saturday mornings 10:30-12noon

Upcoming dates: Sat 2/4, Wed 2/15, Sat 3/3, Wed 3/21,

Sat 4/7, Wed 4/18, Sat 5/5, Wed 5/16

Call 303-271-7659 or e-mail melanie@smithsonclinic.com

Space is limited. Reserve now.

Cost \$25 in advance/ \$35 at the door

Melanie Smithson, MA, Licensed Professional Counselor, is a body-oriented psychotherapist in practice in Denver, Colorado. She is the author of Playing with Spirit: Reclaiming an Adult Relationship to Play, has taught Creative Art Therapies at Naropa University and is an expert in helping clients get unstuck and cultivate peace from the inside out.

For more information about the Sedona Method, visit www.sedona.com

2825 Vallejo St. Denver, CO 80211

www.smithsonclinic.com

Fax 720 855-3710

Gail Smithson, LAc
303 762-8994

Melanie Smithson, MA, ADTR, LPC, CHt
303 271-7659